

# Community Connections



Online via Zoom

Connecting Disabled People, older people, those with long term health conditions and carers to peer support focused on all areas of social care

**Our peer support groups provide a safe space to connect with others through shared experiences with the aim to strengthen knowledge, skills and confidence in all aspects of Self-Directed Support (SDS) and available social care options.**

**The sessions are welcoming, relaxed and informal. We focus on bringing people together to discuss the aspects of SDS that matter to them.**



Visit Eventbrite

**SCAN HERE** ↙



## Upcoming Dates Midlothian



**28**

**JUL**

**SDS Peer Support Group**

Online via Zoom

11.00am - 1.00pm

**29**

**SEPT**

**SDS Peer Support Group**

Online via Zoom

11.00am - 1.00pm

**24**

**NOV**

**SDS Peer Support Group**

Online via Zoom

11.00am - 1.00pm

**CONTACT US**

**PSL@lothiancil.org.uk**