

# Community Connections



The Fisherrow Centre  
Musselburgh

Connecting Disabled People, older people, those with long term health conditions and carers to peer support focused on all areas of social care

**Our peer support groups provide a safe space to connect with others through shared experiences with the aim to strengthen knowledge, skills and confidence in all aspects of Self-Directed Support (SDS) and available social care options.**

**The sessions are welcoming, relaxed and informal. We focus on bringing people together to discuss the aspects of SDS that matter to them.**

 Visit Eventbrite

**SCAN HERE** 



## Upcoming Dates East Lothian



**29**

**JUL**

### **SDS Peer Support Group**

The Fisherrow Centre, South St, Musselburgh  
11.30am - 2.00pm

**30**

**SEPT**

### **SDS Peer Support Group**

The Fisherrow Centre, South St, Musselburgh  
11.30am - 2.00pm

**25**

**NOV**

### **SDS Peer Support Group**

The Fisherrow Centre, South St, Musselburgh  
11.30am - 2.00pm

**CONTACT US**

**PSL@lothiancil.org.uk**