

## Preparing for a Support Plan

These are some of the things that you might want to have a think about in relation to planning your support and contributing to a support plan.

Remember a support plan could be formal, or could just be an informal note of how you would like support to be delivered and what contingency plans you might want to have in place.

What do you want your support plan to look like?	
What would be important/essential/non-negotiable in your support plan?	
What other things would you like to see, but have some flexibility around	
If you already have a support plan, what is working?	
If you already have a support plan, what is not working?	

What support do you need in order for your voice to be heard about what you need in your support plan?	

What other things are important to you to explore about your plan?


