

Preferred Language

The language used here, is the language used by the Disabled People's movement. This list is only indicative of basic number of core terminology

Disabled people use language which reflects the **Social Model of Disability** which recognises the 'disabling' barriers of society whilst acknowledging individual impairment.

Avoid	Preferred
Wheelchair bound	Wheelchair user
The disabled	Disabled person
Person with disabilities	Disabled person
Cripple/Crippled by...	Person with...
Victim of...	Person with...
Suffering from...	Has or experiences...
Invalid	Has long-term illness
Handicap/handicapped	Impairment
Spastic	Has cerebral palsy
The blind	Blind or visually impaired people
The deaf	Deaf people/BSL users
Deaf and dumb	Deaf
Retarded	Has learning difficulties

Factsheet



Avoid	Preferred
Mentally Handicapped	Has learning difficulties
Mentally ill	Mental health system user or has mental health issues
Special needs	Needs or requirements
Integration	Inclusion

Contact details:
Tel: 0131 475
2350
Email:
lcil@lothiancil.org.uk
Website: