**Independent one-to-one advocacy in the Lothians**

The below list is accurate at the time of writing. For the most up-to-date information, please check <https://www.siaa.org.uk/find-advocate/>.

# Edinburgh

## AdvoCard

0131 554 5307

[advocacy@advocard.org.uk](mailto:advocacy@advocard.org.uk)

* One-to-one and collective advocacy to people who use mental health services in Edinburgh
* Inpatients at Royal Edinburgh Hospital
* People resident in HMP Edinburgh

## EARS Independent Advocacy Service

0131 478 8866

[info@ears-advocacy.org.uk](mailto:info@ears-advocacy.org.uk)

Edinburgh:

* Stroke survivors (up to 2 years post stroke)

## Edinburgh Carers Council

0131 322 8480

[info@edinburghcarerscouncil.co.uk](mailto:info@edinburghcarerscouncil.co.uk)

Edinburgh:

* Carers

## Kindred

0800 031 5793

[enquiries@kindred-scotland.org](mailto:enquiries@kindred-scotland.org)

Edinburgh:

* Families of children with additional support needs
* Families of children who are inpatients at the Royal Hospital for Sick Children in Edinburgh

## Partners in Advocacy

0131 478 7723

[edinburgh@partnersinadvocacy.org.uk](mailto:edinburgh@partnersinadvocacy.org.uk)

* People over 65
* People over 16 with physical impairment
* People over 16 with learning difficulties
* Children and young people with additional support needs
* Children and young people aged 12–15 who wish to exercise their rights under the amended Additional Support Needs legislation

## Salvesen Mindroom Centre

0131 370 6730

[Directhelp@mindroom.org](mailto:Directhelp@mindroom.org)

* Issue-based advocacy for children and young people, aged up to 25, with learning difficulties. Children and young people do not require a diagnosis to access the service
* Transitions advocacy for young people with learning difficulties who are approaching their transition from high school

## Who Cares? Scotland

0141 226 4441  
[hello@whocaresscotland.org](mailto:hello@whocaresscotland.org)

* Looked after children and young people up to 26

# East Lothian

## EARS Independent Advocacy Service

0131 478 8866

[info@ears-advocacy.org.uk](mailto:info@ears-advocacy.org.uk)

* Older people
* Stroke survivors (up to 2 years post stroke)

## Partners in Advocacy

0131 478 7723

[edinburgh@partnersinadvocacy.org.uk](mailto:edinburgh@partnersinadvocacy.org.uk)

* People over 16 with learning difficulties

## Salvesen Mindroom Centre

0131 370 6730

[Directhelp@mindroom.org](mailto:Directhelp@mindroom.org)

* Issue-based advocacy for children and young people, aged up to 25, with learning difficulties. Children and young people do not require a diagnosis to access the service
* Transitions advocacy for young people with learning difficulties who are approaching their transition from high school

## Who Cares? Scotland

0141 226 4441  
[hello@whocaresscotland.org](mailto:hello@whocaresscotland.org)

* Looked after children and young people up to 26

## CAPS Independent Advocacy

0131 273 5116  
[contact@capsadvocacy.org](mailto:contact@capsadvocacy.org)

* People aged 18–65 who experience mental health problems
* People aged 18–65 who use alcohol and/or drugs
* Children and young people 5-18 who are being supported by the Children’s Hearings System

# West Lothian

## EARS Independent Advocacy Service

01506 205840

[info@ears-advocacy.org.uk](mailto:info@ears-advocacy.org.uk)

* Older people
* People over 16 with physical impairment, acquired brain injury, stroke survivors (up to 2 years post stroke)
* People over 16 who are autistic and/or have learning difficulties

## Salvesen Mindroom Centre

0131 370 6730

[Directhelp@mindroom.org](mailto:Directhelp@mindroom.org)

* Issue-based advocacy for children and young people, aged up to 25, with learning difficulties. Children and young people do not require a diagnosis to access the service
* Transitions advocacy for young people with learning difficulties who are approaching their transition from high school

## Who Cares? Scotland

0141 226 4441  
[hello@whocaresscotland.org](mailto:hello@whocaresscotland.org)

* Looked after children and young people up to 26

## Mental Health Advocacy Project

01506 857230  
[admin@mhap.org.uk](mailto:admin@mhap.org.uk)

* People over 18 who are detained under the Mental Health Act
* People aged between 18–65 who experience mental health and/or addiction problems: in hospital, the community of West Lothian or resident in HMP Addiewell
* Carers

# Midlothian

## EARS Independent Advocacy Service

0131 478 8866

[info@ears-advocacy.org.uk](mailto:info@ears-advocacy.org.uk)

* Older people
* People over 16 with physical impairment, acquired brain injury, stroke survivors (up to 2 years post stroke)

## Partners in Advocacy

0131 478 7723

[edinburgh@partnersinadvocacy.org.uk](mailto:edinburgh@partnersinadvocacy.org.uk)

* People over 16 with learning difficulties

## Salvesen Mindroom Centre

0131 370 6730

[Directhelp@mindroom.org](mailto:Directhelp@mindroom.org)

* Issue-based advocacy for children and young people, aged up to 25, with learning difficulties. Children and young people do not require a diagnosis to access the service
* Transitions advocacy for young people with learning difficulties who are approaching their transition from high school

## Who Cares? Scotland

0141 226 4441  
[hello@whocaresscotland.org](mailto:hello@whocaresscotland.org)

* Looked after children and young people up to 26

## CAPS Independent Advocacy

0131 273 5116  
[contact@capsadvocacy.org](mailto:contact@capsadvocacy.org)

* People aged 18–65 who experience mental health problems
* People aged 18–65 who use alcohol and/or drugs
* Children and young people 5-18 who are being supported by the Children’s Hearings System

For support with complaints about the NHS, contact **Patient Advice and Support Service**: 0800 917 2127.