# **Factsheet**



## **Lothian Centre for Inclusive Living (LCiL)**

Jargon Buster - what does it all mean?

### **Adult Carer Support Plan**

An assessment of your carer's needs to work out what support they need in their role as a carer and a plan of how these needs can be met.

#### **Assessment**

This is a process for working out what your support needs are. An assessment in relation to children's needs is called a Section 23 Assessment

#### **Broker**

An independent person or service who can help you to find out about available support, work out what support is best for you and help you to arrange it.

# Coproduction

When you work together with the Local Authority and other agencies to assess your support needs and plan your support.

# **Direct Payment**

Money paid to you by the Local Authority which you can use to buy support or employ Personal Assistants.

# **Eligibility Criteria**

The Local Authority's rules for who can receive social care services.

#### **Financial Assessment**

The Local Authority's process for working out what you might have to pay from your own money towards your support.

### **Independent Advocacy**

An independent service that can help you to get information, make choices and express your views.

### Independent Living

Having choice, control and freedom in your daily life and support to live the life you wish.

# **Indicative Budget**

This is an estimated budget that gives you an idea of how much money you have to spend on your care and support.

# **Individual Budget**

This is the amount of money allocated for your support following an assessment of your support needs.

#### Outcomes

An outcome is a description of what you want to achieve from your support and the positive effect that support will have on your life.

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### Person's Pathway

The journey you take to use selfdirected support, including requesting support, assessment, support planning, monitoring and reviewing.

### **Personal Assistant (PA)**

A person you employ using your direct payment to meet your support needs.

#### **Personalisation**

A way focusing support on your individual needs.

### **Resource Allocation System**

The process used by the council to decide how much money you will get for your support.

### SDS Options

These are 4 different ways in which support can be provided, depending on whether you would like to organise your own support or would prefer the Local Authority to do this for you.

### Self-directed Support (SDS)

Your individual budget used to pay for your support, which you can choose and control as much as you want.

# **Support Plan**

A document that shows how you will use your individual budget to get the support you need.

# January 2021

#### **Contact details**

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