**Empowering Conversations**

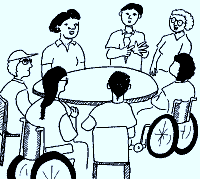
**Preparing to state what you need**

**LCiL’s empowering conversation workshop for disabled people and people with long term conditions will help you …**

* Give yourself the best chance of getting what you need
* Learn how to challenge decisions affecting you
* Meet new people and increase your confidence
* Hear first-hand experience from one of our **LCiL Champions!**

**The workshop is delivered in 2 sessions**

|  |  |
| --- | --- |
| **Empowering Conversations 1** | **Empowering Conversations 2** |
| **10.45am – 2.30pm** | **10.45am – 2.30pm** |
| **Tuesday 11th February 2020**  **Norton Park Conference Centre**  **57 Albion Road, EH7 5QY** | **Tuesday 25th February 2020**  **Norton Park Conference Centre**  **57 Albion Road, EH7 5QY** |



You **must** complete Empowering Conversations 1 before you can book on to Empowering Conversations 2 but only completing Empowering Conversations 1 is fine too.

**Come and join our workshop and learn in a relaxed and friendly atmosphere!**

[](http://www.bing.com/images/search?q=taxi&view=detailv2&qft=+filterui:color2-bw+filterui:photo-clipart&id=E1653047A1FEAB78DE3E323A0D28BA48F56073BA&selectedIndex=137&ccid=A3l1gD5A&simid=608049146515689387&thid=OIP.M037975803e4043f1511e554c3fb12c73o0)

Lunch and refreshments will be provided,

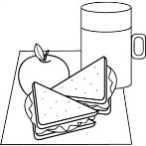
and we can organise and pay for transport if you live in Edinburgh or the Lothians.

***Workshop will run subject to sufficient numbers***

To find out more and to book, contact:

**Lisa Milburn** at LCiL on **0131 475 2510**

or email[lisa.milburn@lothiancil.org.uk](mailto:lisa.milburn@lothiancil.org.uk)

[](http://www.bing.com/images/search?q=lunch&view=detailv2&qft=+filterui:color2-bw+filterui:photo-clipart&id=45817BA4D28BD00055453C3C56BFDF1859F0315B&selectedIndex=4&ccid=xBonofcg&simid=607988419973155748&thid=OIP.Mc41a27a1f720605fd8ddfebd8a04adfdH0)