

Think Out Loud for Parent Carers

Challenging other's perceptions & beliefs

Do you find the following challenging?

- Dealing with difficult conversations around your child's disability, impairment or support needs?
- Understanding your own and others' motivations in certain situations?
- Knowing how to turn the conversation around to educate/change attitudes?
- Say what you need with confidence and inform others of your child's support needs

And you are tired of:

- Explaining yourself constantly
- Putting up with unhelpful suggestions around your child's disability, impairment or support needs
- Not having your child's support needs carried out

This is for you if you are a parent carer of:

- a disabled child (any age)
- a child with additional support needs



Then come and join our workshop on **Tuesday 3rd September, 10.45am – 1.30pm**, and learn in a relaxed and friendly atmosphere!



Lunch and refreshments will be provided.
Workshop will run subject to sufficient numbers



To find out more and to book, contact:
Lisa Milburn at LCiL on **0131 475 2510**
or email lisa.milburn@lothiancil.org.uk

