

## ‘How’s life?’

# Scotland’s Learning Disability Survey



### What is it?

In May 2019, the Scottish Commission for Learning Disability (SCLD) will launch a survey for people with learning disabilities living in Scotland. We hope as many people with learning disabilities as possible will respond, and we are looking for organisations to help in whatever way they can.

This survey has been developed with the help of Ipsos Mori, and with a number of partners:



This survey will give people with learning disabilities (over the age of sixteen) the chance to have a say about their own lives. It will cover topics including:

- Family and friends
- What you do with your time
- Life satisfaction
- Where you live

### Why are we doing it?

This survey will allow us to get a sense of how people with learning disabilities rate their overall well-being, and understand some of the factors that impact on it. The survey findings will help to guide future evidence gathering and policy interventions, with the aspiration that this will help improve people’s quality of life.

The last large scale survey of people with learning disabilities in Scotland took place in 2006. It is important to get a renewed sense of how life is for people with learning disabilities. We hope that this survey will spark further conversations and discussions across the learning disability sector and community.

## How are we doing it?

From **Thursday 16<sup>th</sup> May** people can complete a copy of the survey in a number of ways:

- Partner organisations will be supporting the distribution of the survey
- SCLD will distribute paper copies of the survey on request to [ruth.c@sclد.co.uk](mailto:ruth.c@sclد.co.uk) or [admin@sclد.co.uk](mailto:admin@sclد.co.uk) or phone **0141 248 3733**
- People can complete the survey online at [www.sclد.org.uk/what-we-do/scotlands-learning-disability-survey/](http://www.sclد.org.uk/what-we-do/scotlands-learning-disability-survey/)
- Paper copies of the survey can be downloaded from the SCLD website

People can be supported to complete the survey by a friend, family member or paid worker.

## How can you help?

We hope that as an organisation you can support the effort to maximise the number of responses. You can do this in a number of ways:

- 1.** Promote the survey through your own communication channels e.g. website, newsletter, social media.
- 2.** Distribute the survey to the people you support.  
SCLD can send as many paper copies of the survey as you would like to a central location point e.g. head office. If you are a national organisation or have a number of distribution points, we can deliver as many copies as you would like to each point. We would then ask that team leaders, support workers or advocacy workers

explain what the survey is. Information about the survey in easy read is also included in each pack.

3. Support individuals to complete the survey if needed. It will be very helpful if your organisation has the capacity to do this, whether someone needs help to read the questions, record the answers, or return the questionnaire in the envelope provided. In each pack there is guidance for anyone supporting a person to complete the questionnaire.

Some people might prefer to complete the online version, and might need some support to do this.

Many thanks for your help with this. We will be in touch again once the survey is under way.

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