

Networking and Peer Support Group

The Lothian Centre for Inclusive Living (LCiL) hosts a networking and peer support group for disabled people and people with long term conditions. The networking and peer support group will give you the opportunity to:

- Meet other people
- Discuss issues and share information
- Find out practical information, resources and information on who to ask
- Develop skills and build confidence
- Hear from guest speakers and organisations on a range of topics
- When: The group takes place once per month, on alternating Tuesdays and Thursdays, starting at 10.30am. Lunch will be served 12.30pm 1.15pm
- Next Dates: Thursday 16th May 2019 Tuesday 11th June 2019 Thursday 11th July 2019
 - Where: Norton Park Conference Centre, 57 Albion Road, Edinburgh, EH7 5QY



Lunch and Refreshments are provided



To let us know you would like to attend or find out more information about the peer support group, contact Lisa Milburn LCiL on 0131 475 2510 or email <u>lisa.milburn@lothiancil.org.uk</u>