

## Networking and Peer Support Group

The Lothian Centre for Inclusive Living (LCiL) hosts a networking and peer support group for disabled people and people with long term conditions. The networking and peer support group will give you the opportunity to:

- ◆ Meet other people
- ◆ Discuss issues and share information
- ◆ Find out practical information, resources and information on who to ask
- ◆ Develop skills and build confidence
- ◆ Hear from guest speakers and organisations on a range of topics

**When:** The group takes place once per month, on alternating Tuesdays and Thursdays, starting at 10.30am. Lunch will be served 12.30pm – 1.15pm

**Next Dates:** Tuesday 11<sup>th</sup> June 2019  
Thursday 11<sup>th</sup> July 2019  
Tuesday 6<sup>th</sup> August 2019

**Where:** Norton Park Conference Centre, 57 Albion Road, Edinburgh, EH7 5QY



**Lunch and Refreshments are provided**

To let us know you would like to attend or find out more information about the peer support group, contact Lisa Milburn LCiL on 0131 475 2510 or email [lisa.milburn@lothiancil.org.uk](mailto:lisa.milburn@lothiancil.org.uk)