Job Description for care worker

Job reference CB WN ML

The aim of the job is to provide assistance required by the employer, a lady with multiple sclerosis who lives in Loanhead.

A care worker is employed to help support me with the tasks of daily living and maintaining my independence. Patience along with good listening and communication skills will be key requirements of the role. The post holder will need to be able to work on their own initiative whilst at the same time be respectful of my wishes.

The job involves assisting me with a variety of tasks. Like most people, my day varies so it is difficult to list every task that is expected of you. After a period of familiarisation with the duties, you will be required to assist me with the tasks detailed below.

Some experience in care work (lifting techniques and use of track hoists for example) would be advantageous but not essential as on the job training would be provided.

The job requires providing assistance with the following:

# Personal Tasks

* Assistance getting in and out of bed
* Assistance with showering
* Assistance with dressing and undressing
* Assistance with brushing hair and teeth
* Assistance with eating and drinking
* Assistance with toileting
* Assistance with medications

# Domestic Tasks

* Preparing and cooking food
* Washing dishes and general cleaning of kitchen

# Other Tasks

* Any other reasonable task

# Personal Specification

I am looking for a care worker who is friendly and approachable with a good sense of humour.  The care worker must be reliable, flexible, trustworthy and punctual. It is important that an employee is aware of and sensitive to my needs. Two care workers will be needed to provide the required care. As such it is important that the care worker be able to work as part of a team and maintain open and honest relationships.

**The Post**

The rate of pay is £9.06 per hour.

I am looking for support to cover personal care (morning/lunch/dinner time) consisting of shifts of between 30 and 60 minutes using 2 to 1 support. Support every day isn’t needed.

Additional weekend hours would be required once every four weeks.

To apply please send in your CV as soon as possible. It would be helpful if you could indicate what hours/shifts you would be interested in.

CV should quote reference CB WN ML and either be emailed to [pajobs@lothiancil.org.uk](mailto:pajobs@lothiancil.org.uk) or posted to CB WN ML recruitment, LCIL, Norton Park Centre, 57 Albion Road, Edinburgh, EH7 5QY.