

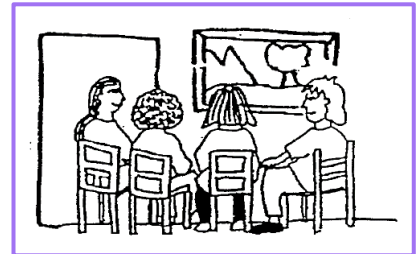
# Getting it Right for your Child

Are you a parent or carer of a disabled child or young person, or a child with additional support needs?

## Do you want to:

- Meet other parents and carers?
- Explore opportunities around support?
- Improve your knowledge of your rights?
- Increase your confidence to ask for the support you need?
- Find out about practical information, resources and who to ask for more help?

In a relaxed and friendly atmosphere...  
...then come along to our workshop!



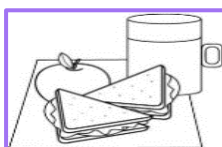
## Where and When

**10.30am – 2.15pm, Thursday 31<sup>st</sup> January 2019.**

Carers of West Lothian, Sycamore House, Quarrywood Court,  
Livingston, EH54 6AX.

*This workshop will explore topics such as:*

- *your rights and the rights of your child.*
- *where to go for information, support or advocacy*
- *support you need for your child and how to prepare for an assessment or important meeting.*



The workshop is **free** and lunch and refreshments are provided



To find out more and register interest, contact: Carers of West Lothian  
**01506 448 000** or email [office@carers-westlothian.com](mailto:office@carers-westlothian.com)