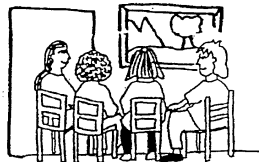


## Peer Support for Parents and Carers

VOCAL Midlothian and The Lothian Centre for Inclusive Living (LCiL) will be hosting a meeting for parents and carers of disabled children and young people with additional support needs to join us and help shape a peer support group.

If you attend this initial meeting you will:

- ◆ Have the opportunity to input into future meetings, suggest topics and guest speakers
- ◆ Meet other parents and carers
- ◆ Explore ideas and opportunities around support
- ◆ Find out practical information, resources and information on who to ask for support



**When:** Wednesday 9<sup>th</sup> January 2019 10.30-12.30 followed by lunch

**Where:** Midlothian Carer Centre, 30/1 Hardengreen Estate,  
Dalhousie Road, Dalkeith, EH22 3NX

Lunch and refreshments will be provided



**To book a place or to find out more information about the group, please contact VOCAL Midlothian on 0131 663 6869 or email [midlothian@vocal.org.uk](mailto:midlothian@vocal.org.uk)**