

Strictly Silver

Strictly Silver at the Royal Commonwealth Pool

For older adults (50+) to dance ballroom and latin to gain mobility, balance, have fun and recall the big band, silver screen era of jive and swing. This class is suitable for older adults with additional support needs and their carers and is dementia friendly. Come with or without a partner.

Thursdays 12.35pm

At the Royal Commonwealth Pool

Starting 03/05/18

£3.75 per person

To book contact 0131 667 7211

Royal Commonwealth Pool

Dalkeith Road, Edinburgh EH16 5BB

E: info.rcp@edinburghleisure.co.uk

T: 0131 667 7211

www.edinburghleisure.co.uk

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