# Know your rights workshop for parents and carers

Are you a parent or carer of a disabled child or child with additional support needs?

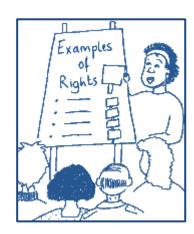
## Do you want to:

- Improve your knowledge of your rights
- Increase your ability to self-advocate?
- Learn how to make a complaint if your rights aren't met?

## ...and would you like to:

- meet new people?
- increase your confidence?

in a relaxed and friendly atmosphere...
...then come along to our workshop!



### Where and When?

#### **Know Your Rights Workshop**

10.30am – 2.00pm, **Tuesday 7<sup>th</sup> March 2017**Training Suite
Norton Park Conference Centre, Albion Road, Edinburgh EH7 5QY

At this workshop we'll cover:

- where, when and how to get support
- where to go for support/advocacy with accessing benefits and services



Lunch and refreshments will be provided



To find out more and to book, contact: **Emma Wynack** at LCiL on **0131 475 2554** or email emma.wynack@lothiancil.org.uk

