



## This workshop is for unpaid carers and their families and will:

- Help you prepare for a Health & Social Care Assessment
- Inform you about your choices so that you can have more control over the type of support you (or the person you care for) receives

**Thursday 2<sup>nd</sup> March 2017**

**from 10.00am to 12.30pm**

**@ VOCAL Midlothian Carer Centre**

30/1 Hardengreen Estate, Dalhousie Road, Dalkeith

Register online at [www.carerstraining.co.uk](http://www.carerstraining.co.uk) or call us on  
0131 663 6869 or email [pquinn@vocal.org.uk](mailto:pquinn@vocal.org.uk)



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