

## Free workshop for Parents and Carers

The Lothian Centre for Inclusive Living (LCiL) is hosting a series of two workshops for parents and carers of disabled children and young people and children with additional support needs. In these workshops you will have the opportunity to:



- ◆ Meet other parents and carers
- ◆ Hear directly from a parent and young person about the journey to getting support and the difference it has made
- ◆ Explore ideas and opportunities around support
- ◆ Gain the confidence to ask for the support you need
- ◆ Find out practical information, resources and information on who to ask

**When:** 1<sup>st</sup> workshop Wednesday 18<sup>th</sup> January 2017 10.30-2pm  
2<sup>nd</sup> workshop Wednesday 1<sup>st</sup> February 2017 10.30-2pm

**Both workshops will be held at Norton Park Conference Centre in the Training Suite.  
57 Albion Road Edinburgh EH7 5QY**



**Lunch and refreshments will be provided**

To make a booking or find out more information about the workshop, contact Emma Wynack at LCiL on 0131 475 2554 or email [emma.wynack@lothiancil.org.uk](mailto:emma.wynack@lothiancil.org.uk)