**Know your rights workshop for parents and carers**

**Are you a parent or carer of a disabled child or child with additional support needs?**

**Do you want to:**

* Improve your knowledge of your rights
* Increase your ability to self-advocate?
* Learn how to make a complaint if your rights aren’t met?



**…and would you like to:**

* meet new people?
* increase your confidence?

**in a relaxed and friendly atmosphere…**

**…then come along to our workshop!**

**Where and When?**

**Know Your Rights Workshop**

10.30am – 1.30pm, **Tuesday 23rd August 2016**

Training Suite

Norton Park Conference Centre, Albion Road, Edinburgh EH7 5QY



At this workshop we’ll cover:

* where, when and how to get support
* where to go for support/advocacy with accessing benefits and services

Lunch and refreshments will be provided



****To find out more and to book, contact:

**Emma Wynack** at LCiL on **0131 475 2554**

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