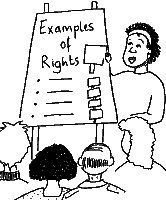
**Know your rights workshop for parents and carers**

**Are you a parent or carer of a disabled child or child with additional support needs?**

**Do you want to:**

* Improve your knowledge of your rights
* Increase your ability to self-advocate?
* Learn how to make a complaint if your rights aren’t met?



**…and would you like to:**

* meet new people?
* increase your confidence?

**in a relaxed and friendly atmosphere…**

**…then come along to our workshop!**

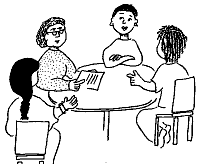
**Where and When?**

**Know Your Rights Workshop**

10.30am – 1.30pm, **Tuesday 23rd August 2016**

Training Suite

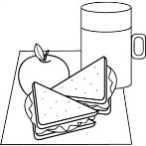
Norton Park Conference Centre, Albion Road, Edinburgh EH7 5QY



At this workshop we’ll cover:

* where, when and how to get support
* where to go for support/advocacy with accessing benefits and services

Lunch and refreshments will be provided

[](http://www.bing.com/images/search?q=lunch&view=detailv2&qft=+filterui:color2-bw+filterui:photo-clipart&id=45817BA4D28BD00055453C3C56BFDF1859F0315B&selectedIndex=4&ccid=xBonofcg&simid=607988419973155748&thid=OIP.Mc41a27a1f720605fd8ddfebd8a04adfdH0)

****To find out more and to book, contact:

**Emma Wynack** at LCiL on **0131 475 2554**

or email[emma.wynack@lothiancil.org.uk](mailto:emma.wynack@lothiancil.org.uk)