

Are you a carer or parent carer managing a support package on behalf of someone and thinking of employing personal assistant(s)?

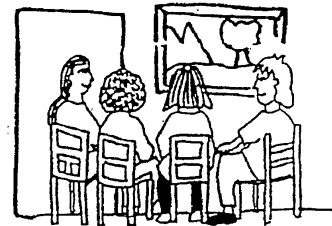
Would you like to meet new people with similar experience?

Then we'd like to hear from you!

The Lothian Centre for Inclusive Living (LCiL) is hosting consultation sessions to give you the opportunity to **help us shape a series of workshops** as part of its Pick & Mix project.

Please come along and:

- ◆ tell us about any challenges you face as a carer with Self-directed Support
- ◆ help us understand what topics would build your skills and confidence to make Self-directed Support work for you and the person you care for



Using what you tell us, we'll develop workshops to address these topics and questions.

Where: VOCAL Midlothian Carer Centre, 30/1 Hardengreen Estate, Dalhousie Road, Dalkeith, EH22 3NX.

When: 7th September 2016

Time: 10.30 – 12.30 followed by lunch



Lunch and refreshments will be provided, and we can organise and pay for transport if needed.



To book a place, or find out more:

Please contact: Amanda Beech on 0131 475 2510

or email amanda.beech@lothiancil.org.uk