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**Is back, with even more dates to come!**

 Bacteria and causes of food poisoning

 Personal hygiene and hand washing

 Storage of food and kitchen safety

 Choosing the healthy option and more!

The popular 4 hour training course for disabled people who want to learn more about:

**Email**:amanda.beech@lothiancil.org.uk

**Phone**: 0131 475 2510

57 Albion Road

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Introductory Health & Food

Safety Course

LCiL Training Service

In Partnership with Greggs...

**The date for the next course is now here!**

**Date:** 9th December 2015 **Time**: 11.30am—3.30pm

**Venue:** Greggs Bakery, 36, Dryden Road, Bilston Glen Industrial Estate, Midlothian EH20 9LZ

**So if you are interested book now!**

**Refreshments provided by Greggs**

Rights & Choices for

Disabled people, people with long term conditions and older people in

Edinburgh and Lothian