WORKSHOP FOR PARENTS & CARERS

The Lothian Centre for Inclusive Living (LCiL) and **VOCAL Midlothian Carer Centre** are hosting a two-part workshop for parents and carers of disabled children/young people and children with additional support needs living in Midlothian.

In the workshop you will have the opportunity to:
♦ Meet other parents and carers
♦ Hear directly from a parent and young person about the journey to getting support and the difference it has made
♦ Explore ideas and opportunities around support
♦ Gain the confidence to ask for the support you need
♦ Find out practical information, resources and information on who to ask

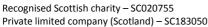# Thursdays 29th October & 5th November 15'

10.30am – 1.00pm
(each session will be followed by a light lunch)
@ VOCAL Midlothian Carer Centre,
30/1 Hardengreen Estate, Dalhousie Road, Dalkeith, EH22 3NX

To book a place or to find out more information on the workshop, please call us on 0131 663 6869, email pquinn@vocal.org.uk or go to www.carerstraining.co.uk

Midlothian

NHS Lothian

PQASSO QUALITY MARK level 2

HAPPY TO TRANSLATE

LGBT CHARTER silver

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