

**Are you a disabled
person or have a long
term health condition &
live in the Lothian**

**Do you want to
become more
confident and positive
about your future?**

**Then book a place on our free course –
A Working Life Day
Thursday 9th July 2015**

Lothian Centre for Inclusive Living (LCIL) is running a series of four day courses covering a range of topics aimed at supporting disabled people and people with long term conditions.

These courses are designed to maximise disabled people's potential and participation in community life. Topics include:

- Personal Development (Confidence Building etc)
- Equality
- Self-Directed Support & Planning for the Future
- A Working Life

Our next FREE course "A Working Life Day" takes place at Norton Park Centre, Edinburgh on Thursday 9th July 10.30-3.30pm (lunch included)

To find out more & to register your interest please:

Telephone Elspeth or Kelly at LCIL on 0131 475 2350

Email either elspeth.ferguson@lothiancil.org.uk or kelly.jack@lothiancil.org.uk



Transport can be arranged if required

