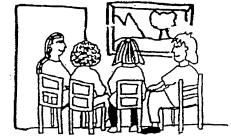


Peer Support for Parents and Carers

The Lothian Centre for Inclusive Living (LCiL) held two successful workshops for parents and carers of disabled children and young people with additional support needs living in Edinburgh. The parents that attended these workshops told us that they would like an opportunity to meet for peer support and information sessions. LCiL will be hosting a meeting for parents and carers to join and help us shape a peer support group. If you attend this initial meeting you will:



- ◆ Have the opportunity to input into future meetings, suggest topics and guest speakers.
- ◆ Meet other parents and carers
- ◆ Explore ideas and opportunities around support
- ◆ Find out practical information, resources and information on who to ask

When: Monday 2nd March 2015 10.30-1.30pm

**The group will meet at Norton Park Conference Centre in the
Training Suite.
57 Albion Road Edinburgh EH7 5QY**



Lunch and refreshments will be provided

To make a booking or find out more information about the workshop, contact Emma Wynack at LCiL on 0131 475 2554 or email emma.wynack@lothiancil.org.uk