

Free workshop for Parents and Carers

The Lothian Centre for Inclusive Living (LCiL) is hosting a series of two workshops for parents and carers of disabled children and young people and children with additional support needs living in Edinburgh. In these workshops you will have the opportunity to:



- ◆ Meet other parents and carers
- ◆ Hear directly from a parent and young person about the journey to getting support and the difference it has made
- ◆ Explore ideas and opportunities around support
- ◆ Gain the confidence to ask for the support you need
- ◆ Find out practical information, resources and information on who to ask

When: 1st workshop Thursday 22nd January 2015 10.30-2pm
2nd workshop Thursday 5th February 2015 10.30-2pm

**Both workshops will be held at Norton Park Conference Centre in the Training Suite.
57 Albion Road Edinburgh EH7 5QY**



Lunch and refreshments will be provided

To make a booking or find out more information about the workshop, contact Emma Wynack at LCiL on 0131 475 2554 or email emma.wynack@lothiancil.org.uk